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Dockets Management Branch (HFA-305)
Food and Drug Administration
5630 Fishers Lane, Room 1061
Rockville, MD 20852

RE: Docket Number 94P-0036

Since *trans* fatty acids raise LDL cholesterol and lower HDL cholesterol in the blood, their consumption poses a health risk from the point of view of coronary heart disease. I have read the proposed "*trans*" labeling suggestions from the FDA and I want to indicate that I strongly support them.

The public should be encouraged to limit the intakes of both saturated fat and *trans* fatty acids. It would, however, be inappropriate to indicate that it is preferable to eat saturated fat rather than *trans* fatty acids. This would be wrong. Both of these kinds of fat should be restricted in the American diet, but not one over the other.

Thank you for your consideration in this important health matter.

Yours sincerely,

William E. Connor

William E. Connor, M.D.
Professor of Medicine
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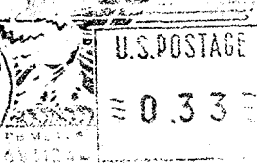
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